

The Nathaniel Clinic

Your community provider of mental health services in Central Harlem

About us

The Nathaniel Clinic provides mental health services in Central Harlem. Our clinic specializes in treating individuals who have been involved in the criminal justice system. We help justice-involved people and other community members heal from trauma and improve emotional and physical health.



Who we serve

The Nathaniel Clinic serves eligible residents of Harlem and the surrounding communities. The clinic is one of the only outpatient clinics operating in New York City that specializes in serving **justice-involved youth and adults** and the only one with this specialization in Manhattan licensed to serve **youth as young as age 13**.

The clinic accepts Medicare, Medicaid, some commercial insurance plans, and is a participant in Medicaid Managed Care networks. For more information, please call (212) 553-6708 or email medicalschedulersnc@cases.org.

Services we provide

- Counseling/Therapy** Individual, family, and group therapy
- Psychiatry** Evaluation and medication management
- Group Services** Including Healthy Living, Seeking Safety for Men, Women's Group, Anger Management, & Parenting
- Crisis Intervention** After hours emergency availability & crisis visits
- Reentry Care** Case management for individuals recently released from jail
- Primary Care** Health assessment and ongoing care management
- Adult Intensive Outpatient Program (IOP)** Short-term intensive individual and group services for reentry and those transitioning from higher levels of care
- Mental Health First Aid Training** Free 8-hour training

Open late

Open Saturdays

Walk-ins accepted

Clinic Hours

Monday & Wednesday: 9 AM – 9 PM
Tuesday, Thursday & Friday: 9 AM – 5 PM
Saturday: 9 AM – 5 PM (by appointment only)

Walk-In Hours

Tuesday & Thursday: 9 AM – 2 PM

Primary Care Hours

Wednesday: 9 AM – 5 PM

The Nathaniel Clinic is licensed by the New York State Office of Mental Health.



Scan this QR code to access the clinic referral form



Treatment Team

Our treatment team includes child and adult psychiatrists, licensed social workers/therapists, certified peer specialists, and primary healthcare professionals. Our staff is experienced in treatment of the following:

- Depression
- Stress and Anxiety
- Grief and Trauma
- ADHD
- Relationship/Family Issues
- Anger Management
- Behavioral Problems
- Co-Occurring Substance Use
- Serious Mental Illness
- Bipolar/Mood Disorder
- PTSD
- Hallucinations/Delusions



Referrals

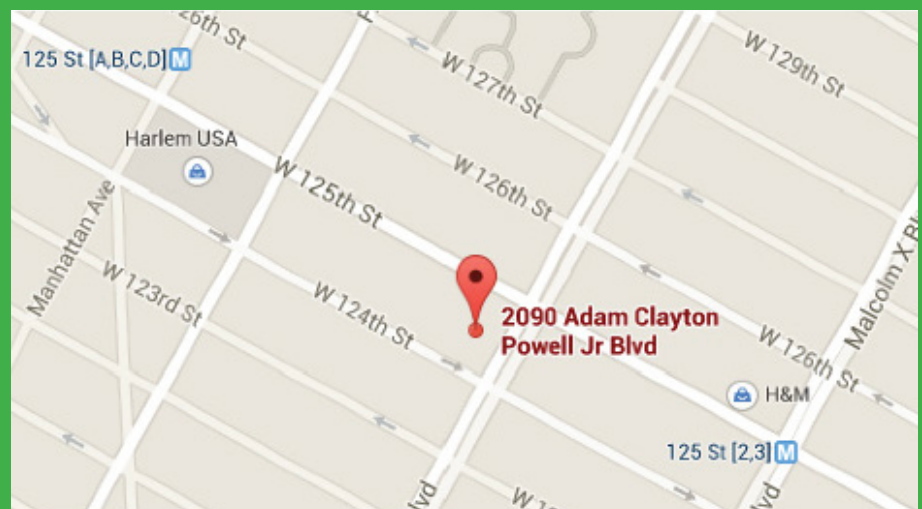
The Nathaniel Clinic accepts referrals from criminal justice providers, hospitals and health centers, social service providers, and members of the community.

For more information or to make a referral, please call (212) 553-6708, email medicalschedulersnc@cases.org, scan our QR code, or visit nathanielclinic.org.

Location

The Nathaniel Clinic is located at
2090 Adam Clayton Powell Jr. Blvd,
4th Floor
New York, New York 10027

Accessible via the following subway lines
at 125th Street:



and by the following bus lines:

MI, M2, M3, M7, M10, M12, M35, M98, M100, M101, M102, M103, M104, Bx15, and M60-SBS.

nathanielclinic.org

Phone: (212) 553-6708

medicalschedulersnc@cases.org

Fax: (718) 355-8985