The Nathaniel Clinic

Your community provider of mental health services in Central Harlem

About us

The Nathaniel Clinic provides mental health services in Central Harlem. Our clinic specializes in treating individuals who have been involved in the criminal justice system. We help justice-involved people and other community members heal from trauma and improve emotional and physical health.

Who we serve

The Nathaniel Clinic serves eligible residents of Harlem and the surrounding communities. The clinic is one of the only outpatient clinics operating in New York City that specializes in serving justice-involved youth and adults and the only one with this specialization in Manhattan licensed to serve youth as young as age 13.

The clinic accepts Medicare, Medicaid, some commercial insurance plans, and is a participant in Medicaid Managed Care networks. For more information, please call (212) 553-6708 or email medicalschedulersnc@cases.org.

Services we provide

Counseling/Therapy  Individual, family, and group therapy
Psychiatry    Evaluation and medication management
Group Services   Including Healthy Living, Seeking Safety for Men, Women’s Group, Anger Management, & Parenting
Crisis Intervention After hours emergency availability & crisis visits
Reentry Care Case management for individuals recently released from jail
Primary Care Health assessment and ongoing care management
Adult Intensive Outpatient Program (IOP) Short-term intensive individual and group services for reentry and those transitioning from higher levels of care
Mental Health First Aid Training Free 8-hour training

Open late

Open Saturdays

Walk-ins accepted

Clinic Hours
Monday & Wednesday: 9 AM – 9 PM
Tuesday, Thursday & Friday: 9 AM – 5 PM
Saturday: 9 AM – 5 PM (by appointment only)

Walk-In Hours
Tuesday & Thursday: 9 AM – 2 PM

Primary Care Hours
Wednesday: 9 AM – 5 PM

The Nathaniel Clinic is licensed by the New York State Office of Mental Health.

Cases

Scan this QR code to access the clinic referral form
Treatment Team

Our treatment team includes child and adult psychiatrists, licensed social workers/therapists, certified peer specialists, and primary healthcare professionals. Our staff is experienced in treatment of the following:

- Depression
- Stress and Anxiety
- Grief and Trauma
- ADHD
- Relationship/Family Issues
- Anger Management
- Behavioral Problems
- Co-Occurring Substance Use
- Serious Mental Illness
- Bipolar/Mood Disorder
- PTSD
- Hallucinations/Delusions

Referrals

The Nathaniel Clinic accepts referrals from criminal justice providers, hospitals and health centers, social service providers, and members of the community.

For more information or to make a referral, please call (212) 553-6708, email medicalschedulersnc@cases.org, scan our QR code, or visit nathanielclinic.org.

Location

The Nathaniel Clinic is located at 2090 Adam Clayton Powell Jr. Blvd, 4th Floor, New York, New York 10027

Accessible via the following subway lines at 125th Street:

[A B C D]
[2 3 4 5 6]

and by the following bus lines:
M1, M2, M3, M7, M10, M12, M35, M98, M100, M101, M102, M103, M104, Bx15, and M60-SBS.

nathanielclinic.org

Phone: (212) 553-6708 medicalschedulersnc@cases.org Fax: (718) 355-8985